

HOW TO REMOVE CHEWING GUM FROM HAIR

USING ICE

1 Prepare an ice sack.

Place several cubes of ice in a plastic bag or thin cloth. Seal or hold it closed.

2 Apply ice pack to hair.

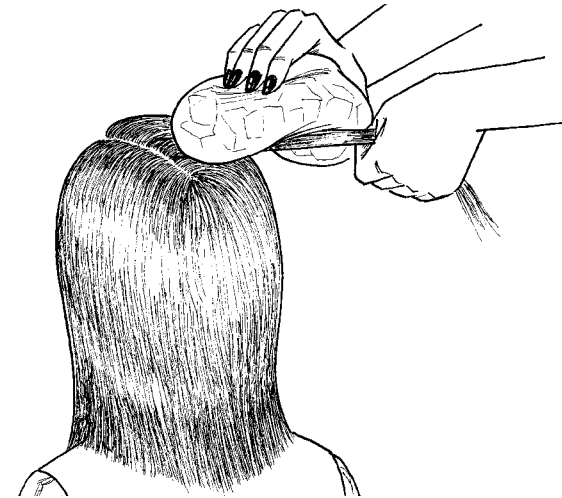
Move the affected hair away from the scalp and press the ice against the gum for 15 to 30 minutes or until the gum freezes solid. Use a rubber glove or a dry washcloth to hold the ice compress if your hand becomes chilled.

3 Crack the frozen gum into pieces.

With one hand, hold the stuck section of the hair between the gum clot and the scalp, and break the frozen gum into small pieces.

4 Remove the gum.

Gently pull the frozen gum pieces from the hair using your other hand. If the warmth of your hand begins to melt the gum, refreeze and repeat until all the gum has been removed from the hair.



Hold ice against the gum until it freezes.



Remove the gum.

USING OILS

1 Rub a citrus-based solvent into the gum.

Cleaning products with oils from citrus fruit peels will reduce the stickiness of chewing gum and allow the hair to be pulled free. Apply a small amount of the solvent directly to the gum wad and rub until the hair can be separated without pain. Follow the solvent manufacturer's instructions and wear rubber gloves.

2 Loosen the gum with peanut butter.

If no solvent is available, the natural oils in peanut butter may loosen the gum. Work a teaspoon of peanut butter into the gum until the hair can be pulled free of the gum.

3 Apply mineral or cooking oil.

If the peanut butter is ineffective, work a very small amount of mineral or cooking oil into the gum to loosen it from the hair.

4 Wash and rinse.

Wash hair and hands with shampoo and soap to remove any lingering solvents, foods, or oils.

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